

## **Type of Event:** College Speaking Engagement

**Audience:** Open to entire campus community, co-sponsored by the Relationship Peer Educators (RPE) and the Counseling Outreach Peer Educators (COPE) 24 questionnaires filled out, approximately 2 left blank/ not turned in

**Topic:** *Red Flags of Abuse and Trauma* **Speaker:** Healing TREE Founder + CEO Marissa Ghavami

**Time:** 1 hour including Q&A

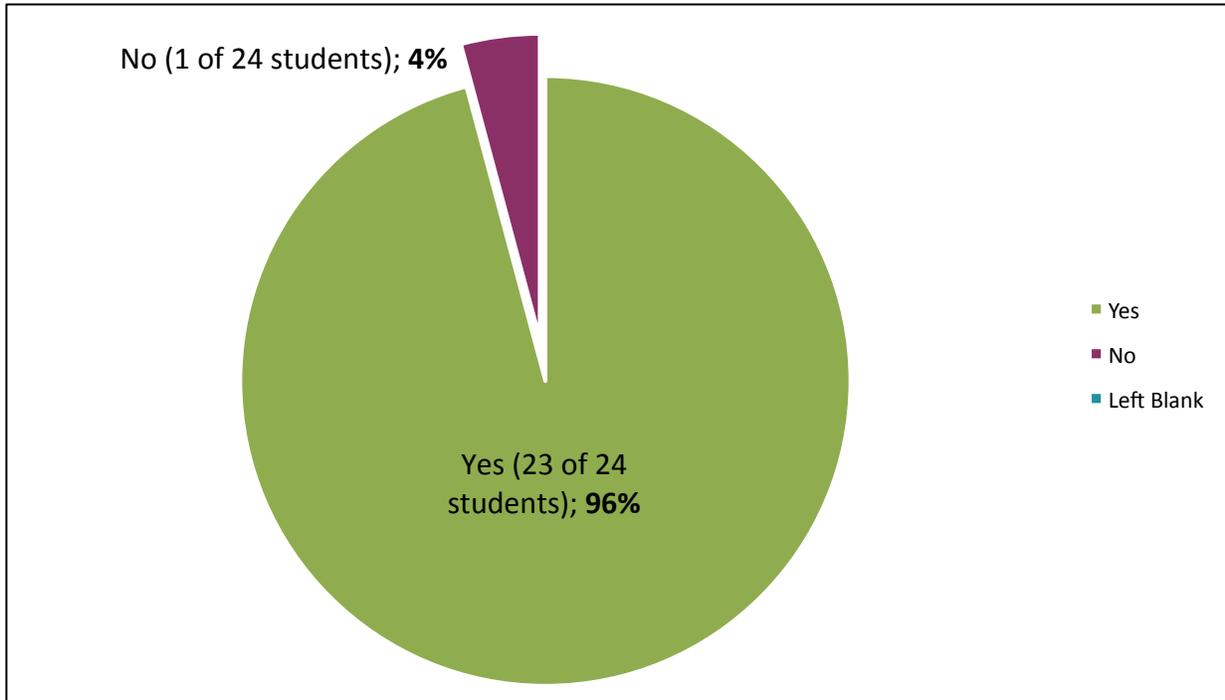
**Venue:** The College of the Holy Cross

**Location and Date:** Worcester, MA 3.22.17

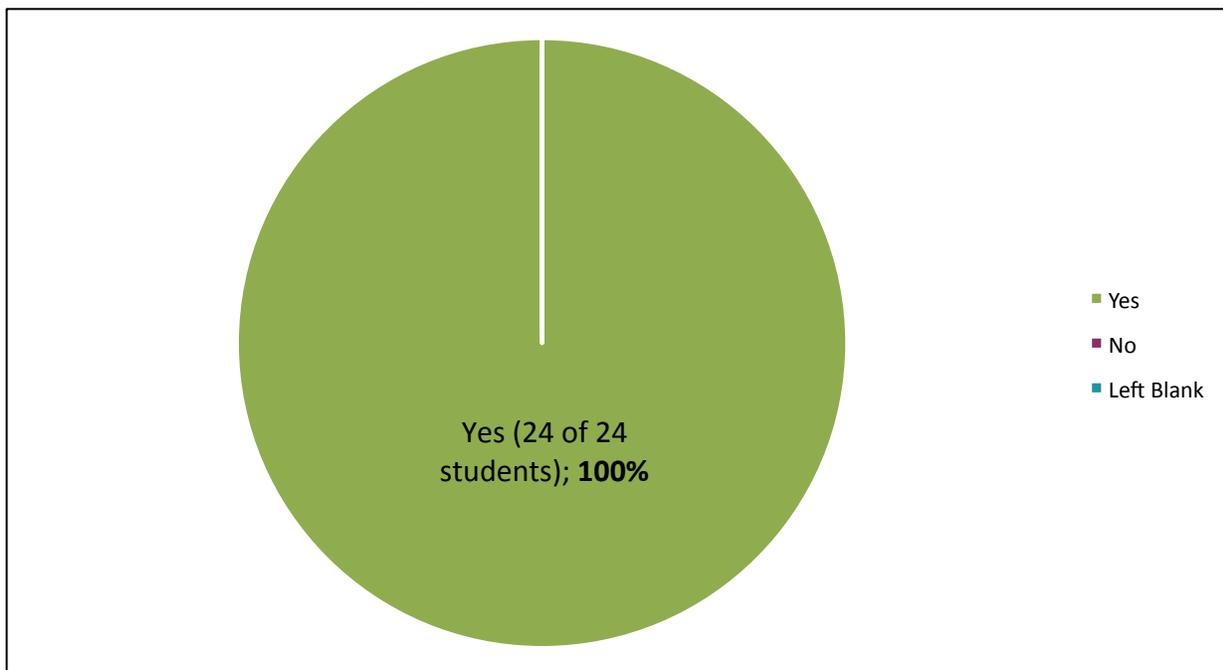


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RESOURCES,  
EDUCATION &  
EMPOWERMENT

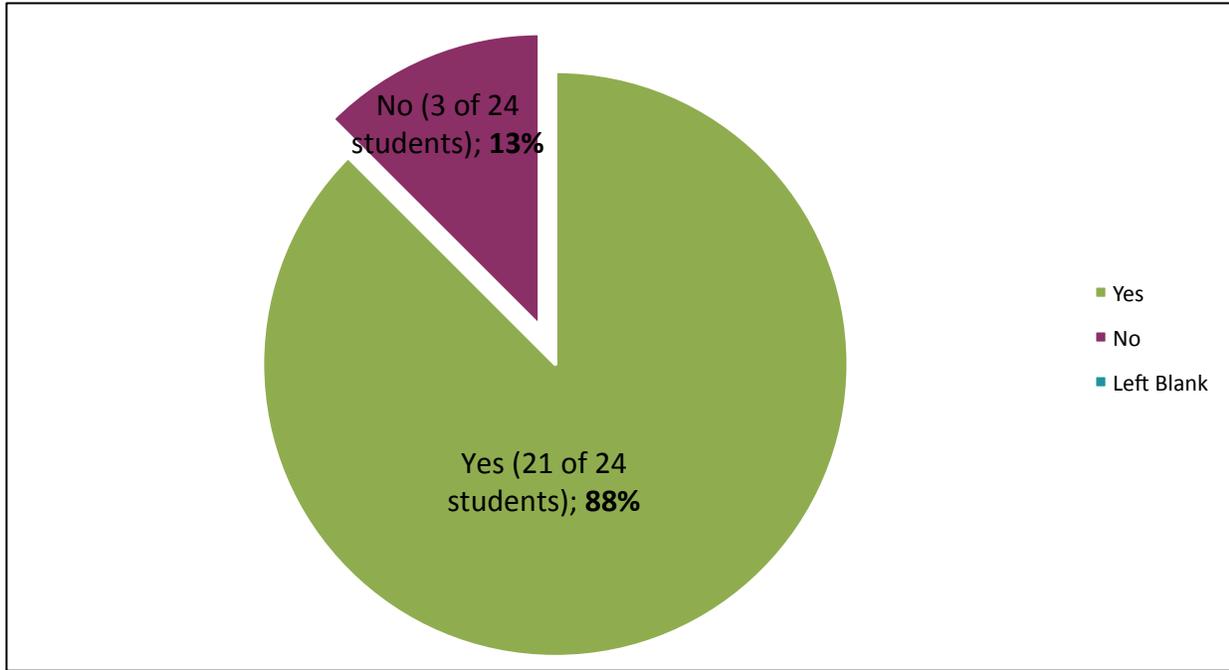
**1. Are you more likely to reach out and talk to a friend or someone else you know about their relationship or mental health in terms of abuse, trauma, red flags you may see, etc. after today's talk?**



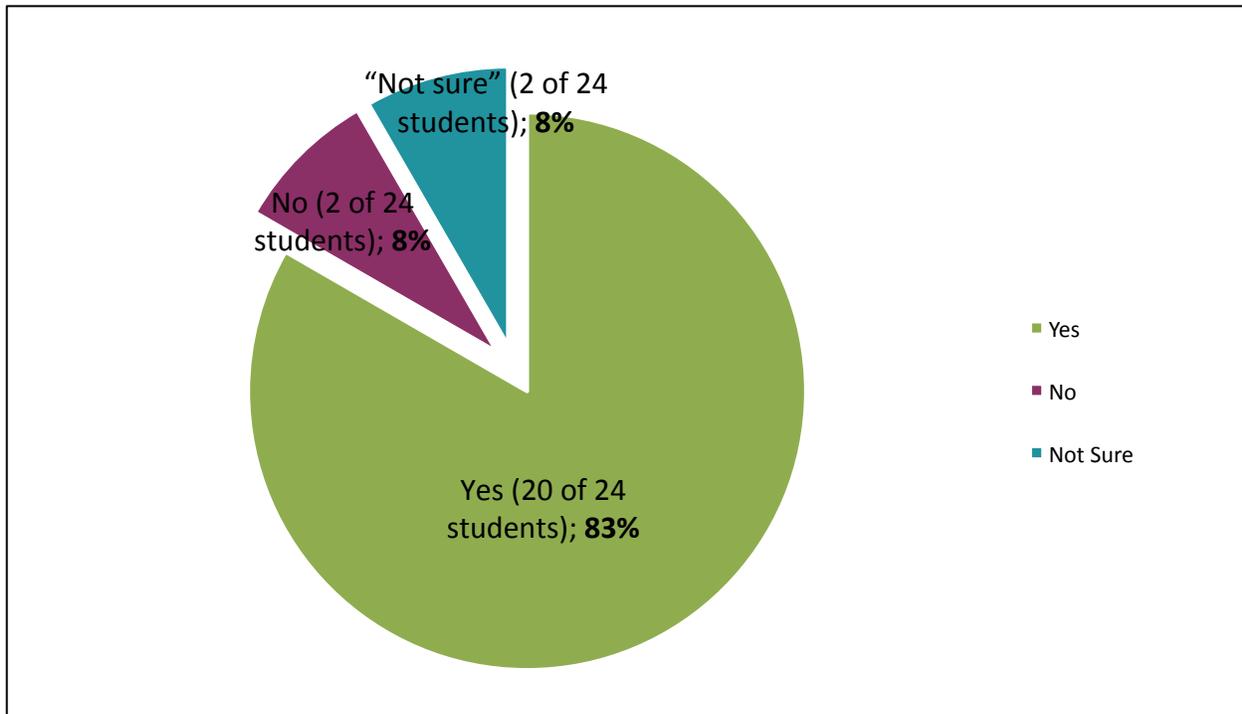
**2. Are you more likely to evaluate your own relationships (romantic, friendships, teachers, coaches, family members, religious leaders, etc.) based on the red flags of abuse that you heard about today?**



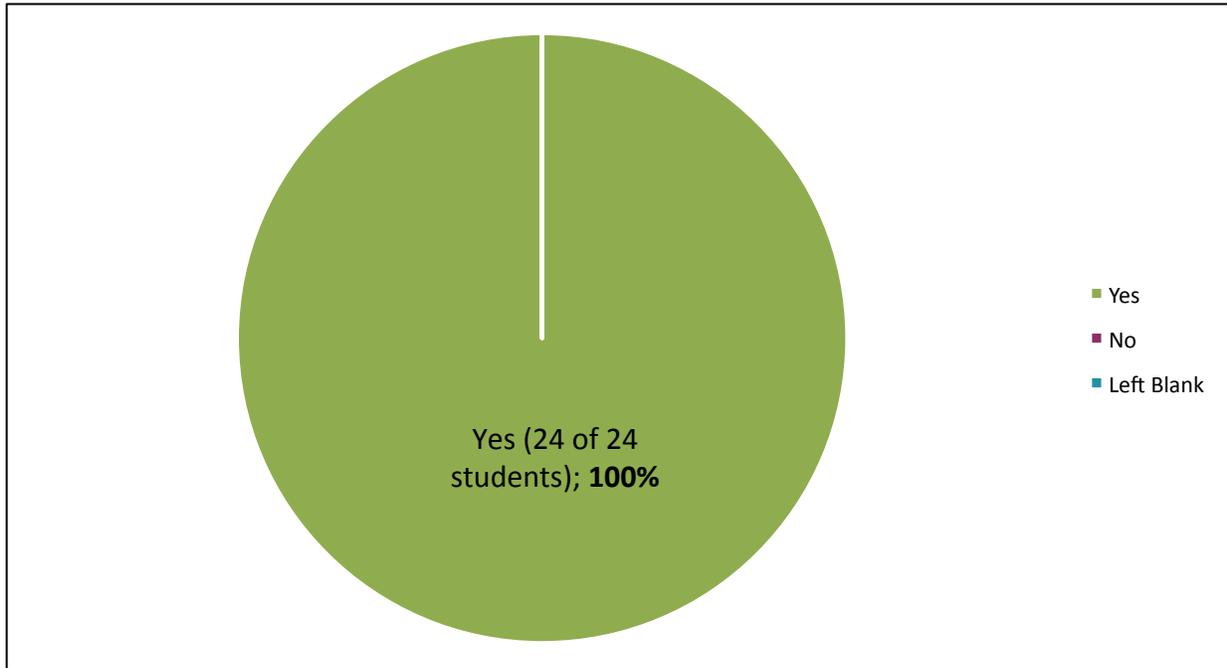
**3. Are you more likely to reach out to a trusted friend, family member, teacher, coach, mentor, or professional about abuse you may have suffered after today's talk?**



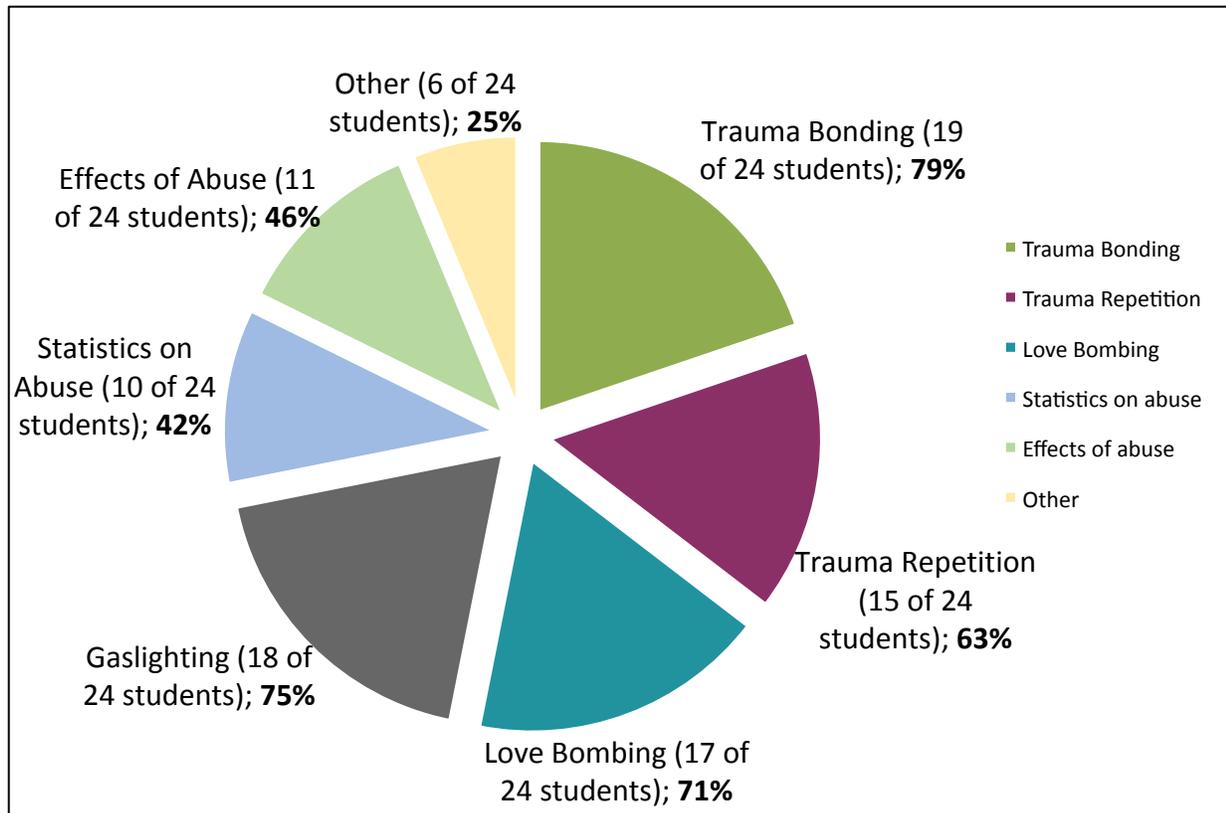
**4. Are you more likely to seek and/or recommend trauma-focused treatment in therapy and/or trauma-informed educational resources after today's talk?**



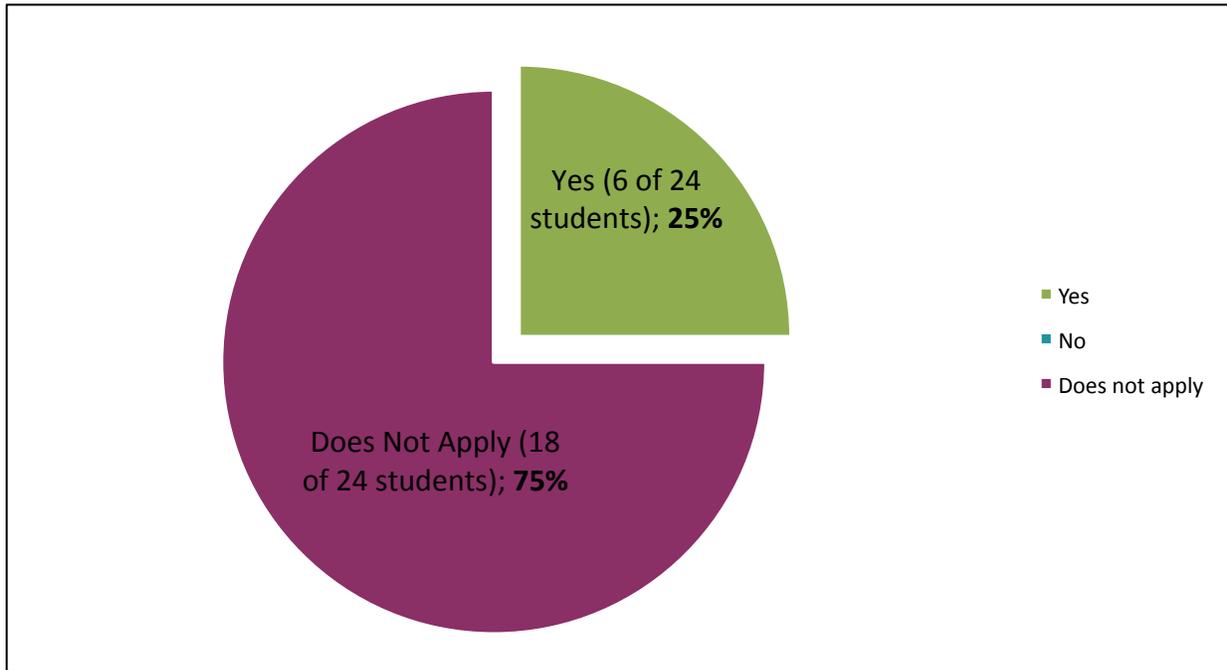
**5. Did you learn something today that you weren't aware of before?**



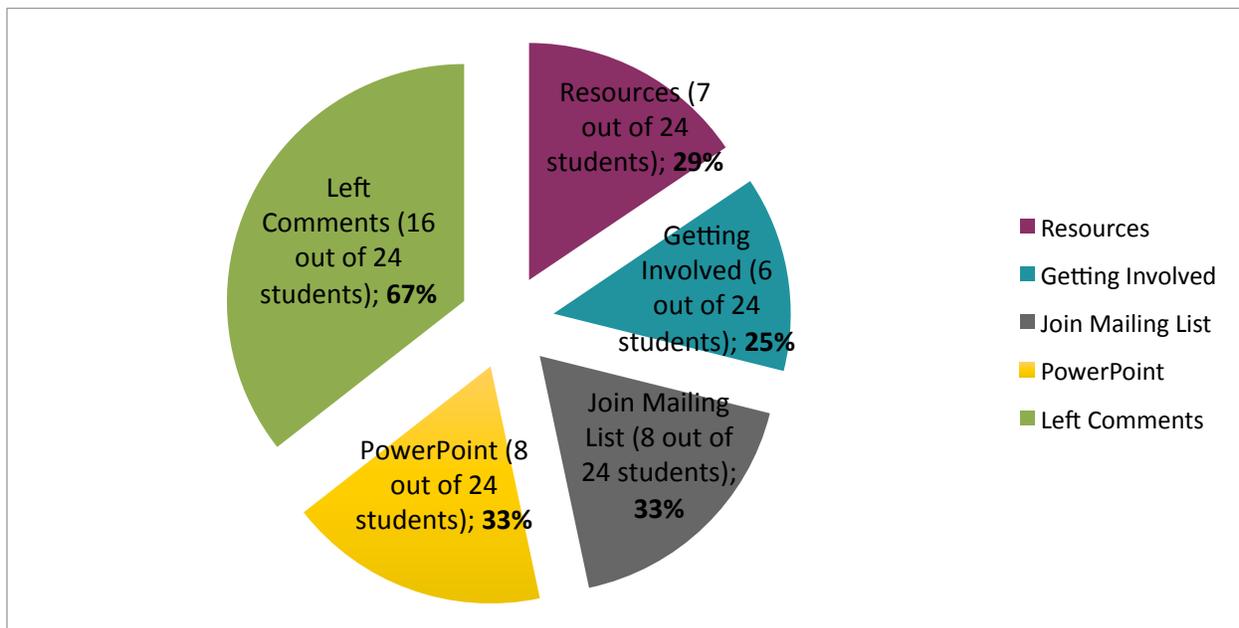
**5b. If yes, what? Circle all that apply.**



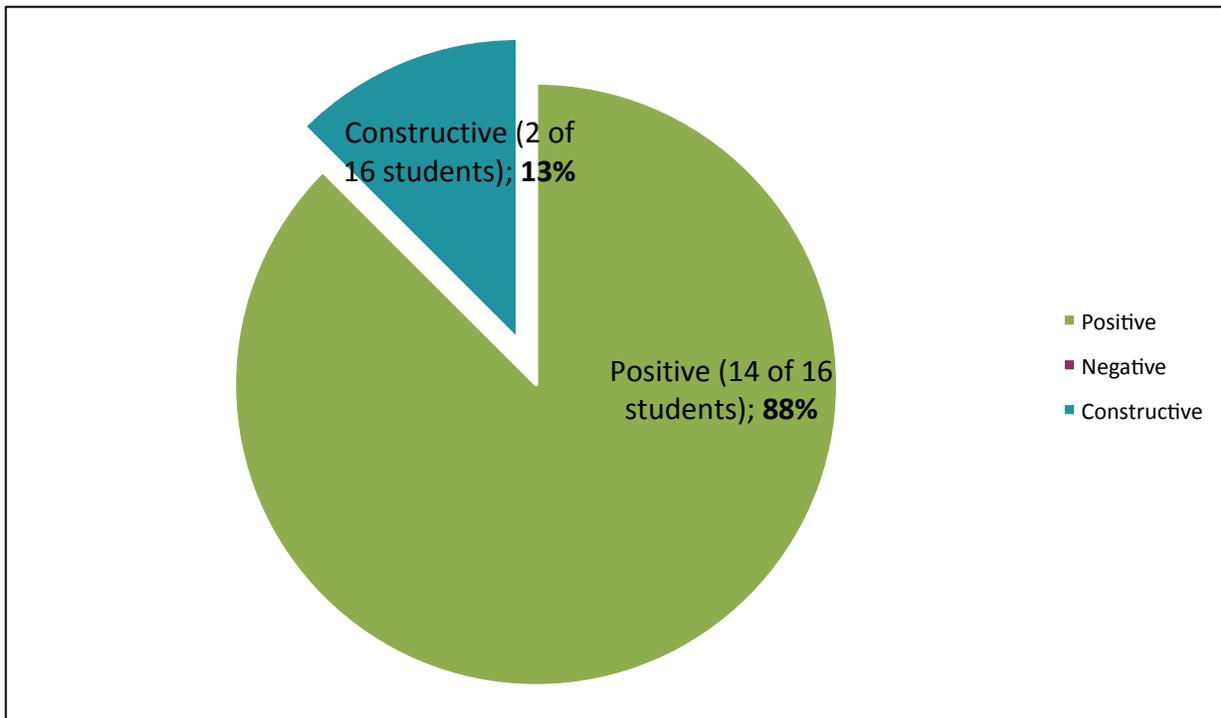
**6. If you were someone who thought the victim was (even partially) to blame for abuse, did your view change after today's talk?**



**7. Comments. You may also leave your phone number and/or email address if you would like someone from the Healing TREE team to contact you about connecting you with resources, getting involved, joining our mailing list, and/or to have the PowerPoint emailed to you.**



## 7b. (Continued) Types of Comments.



### Positive comments included:

“Thank you so much for coming to our school, it means the world that there are people like you who dedicate time to talking about these important topics and taking real action.”

“Aspects of brain science were the most eye-opening and most helpful because relying on science and knowing that it really isn’t our fault, it’s how the brain works.”

“This talk was highly informative, interesting, and extremely helpful information to be communicated on a college campus. Thanks for coming and speaking to us!”

“This talk was extremely powerful. I appreciate everything that this talk was doing. I particularly resonated with the cycle of abuse. I did not realize there were different stages. Thank you for what you are doing.”

“Learning about the trauma bonding and the changes in the brain and the different parts of the brain involved during abuse was extremely insightful.”

“I think [Healing TREE Founder + CEO Marissa Ghavami is] very articulate in [her] presentation of the information on trauma. [Healing TREE Founder + CEO Marissa Ghavami is] clearly very intelligent and passionate about awareness on different types

of abuse other than the obviously marketed types of abuse such as sexual assault, child abuse, and domestic violence.”

“This talk was very empowering. I’m really glad I came and I hope I can share the knowledge I learned with my friends and family.”

“I really liked the way [Healing TREE Founder + CEO Marissa Ghavami] talked about the different sections of the brain and how much of trauma is not experienced in the thinking part of the brain, but rather the survival part.”

“The talk was both informative and interesting and included a great deal of impact regarding college students.”

“This was extremely informative. My only regret is not telling more people to attend because this is something everyone should hear.”

“We’re incredible grateful that you came to talk to us today! I now feel better equipped to address issues of abuse as a Peer Educator on my college’s campus. THANK YOU!!!”

“Such an informative talk. Thank you for giving us concrete situations and terms within abuse and legitimate tools to help ourselves and others, I will definitely share!”