

Type of Event: Speaking Engagement at Staff Retreat

Audience: Staff at a domestic violence program and shelter; 14 questionnaires filled out, approximately 2 left blank/not turned in

Topic: *Trauma Bonding Using Real Life Examples*

Speaker: Healing TREE Founder + CEO Marissa Ghavami

Time: 2 ½ hours including Q&A

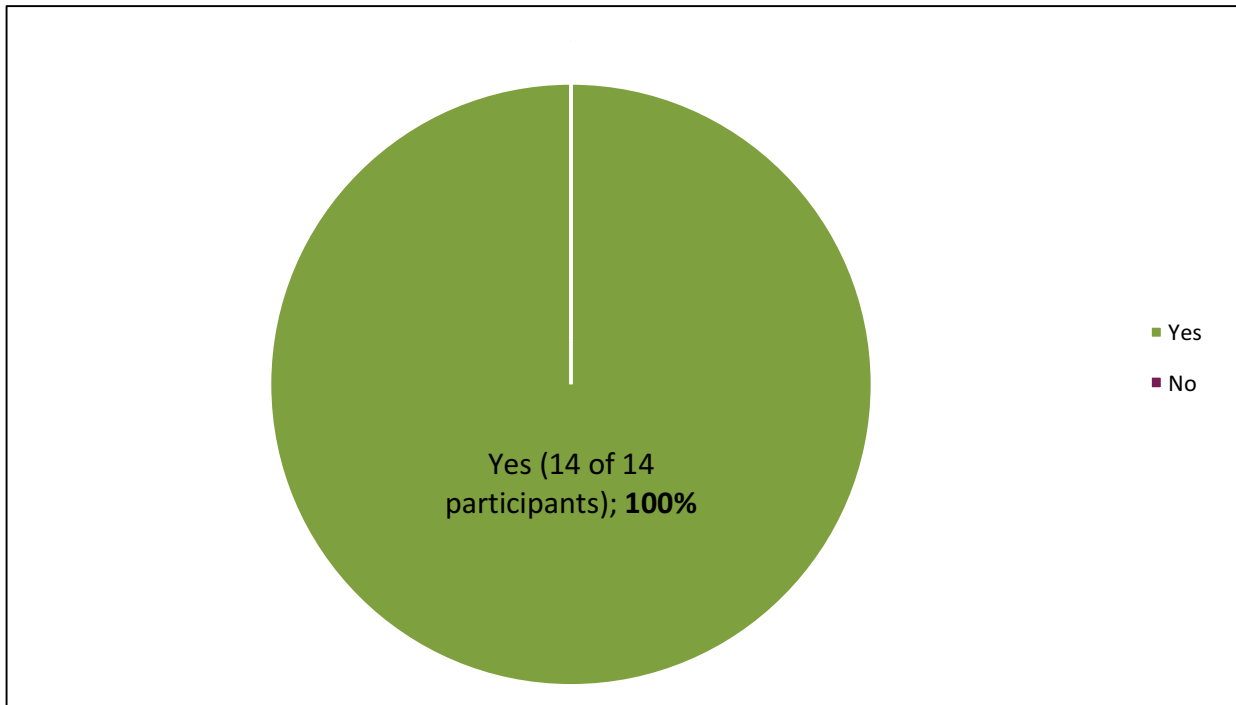
Venue: Golden House Staff Retreat

Location and Date: Green Bay, WI 5.23.17

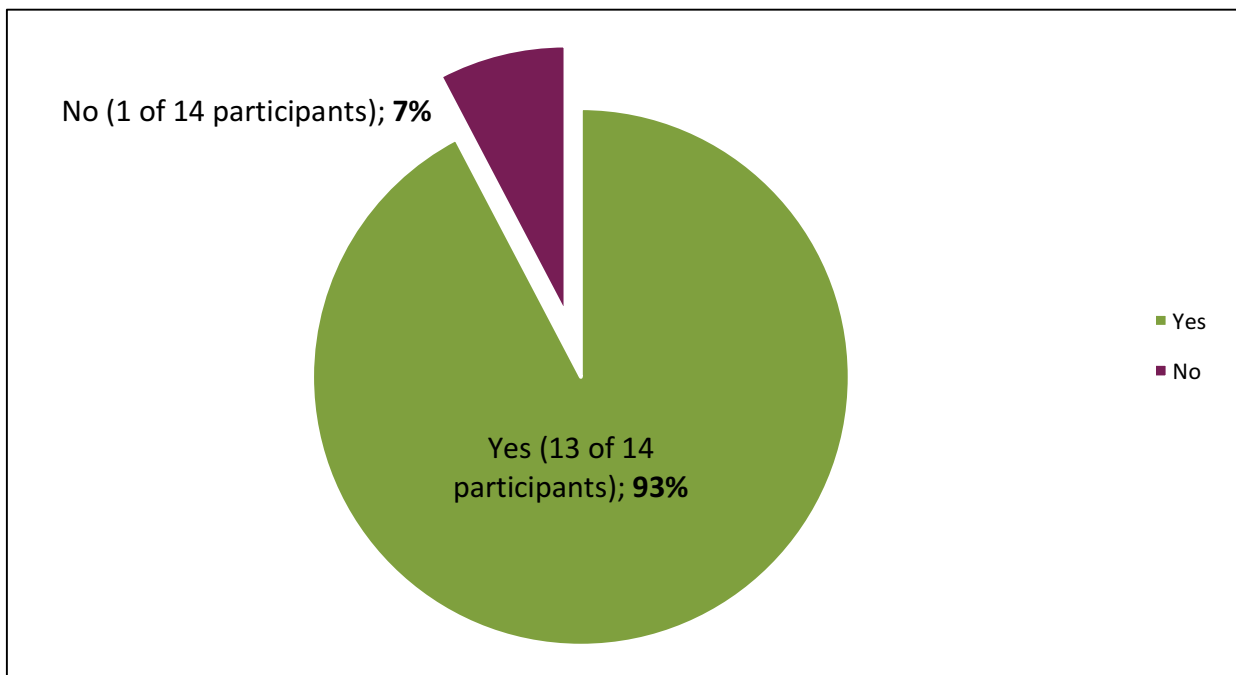


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RESOURCES,
EDUCATION &
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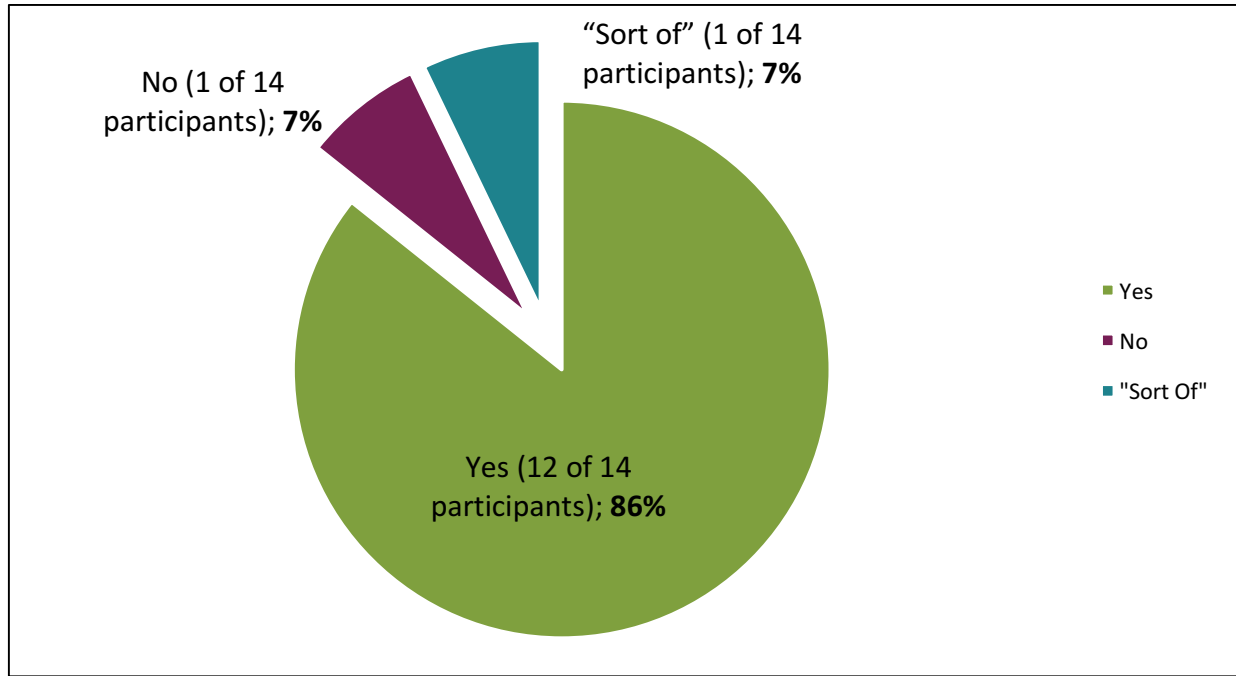
1. Do you feel better prepared to recognize the signs of trauma bonding after attending today's breakout speech?



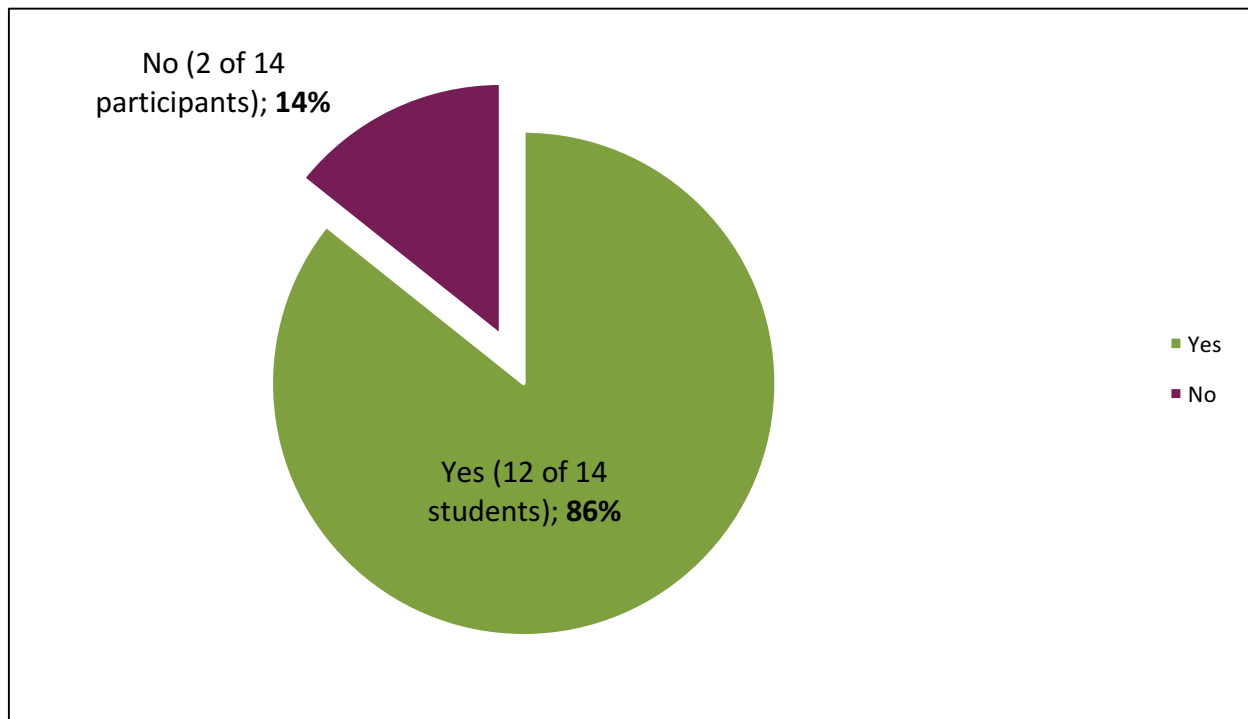
2. Do you feel better prepared to apply effective intervention for those who are trauma bonded after attending today's breakout speech?



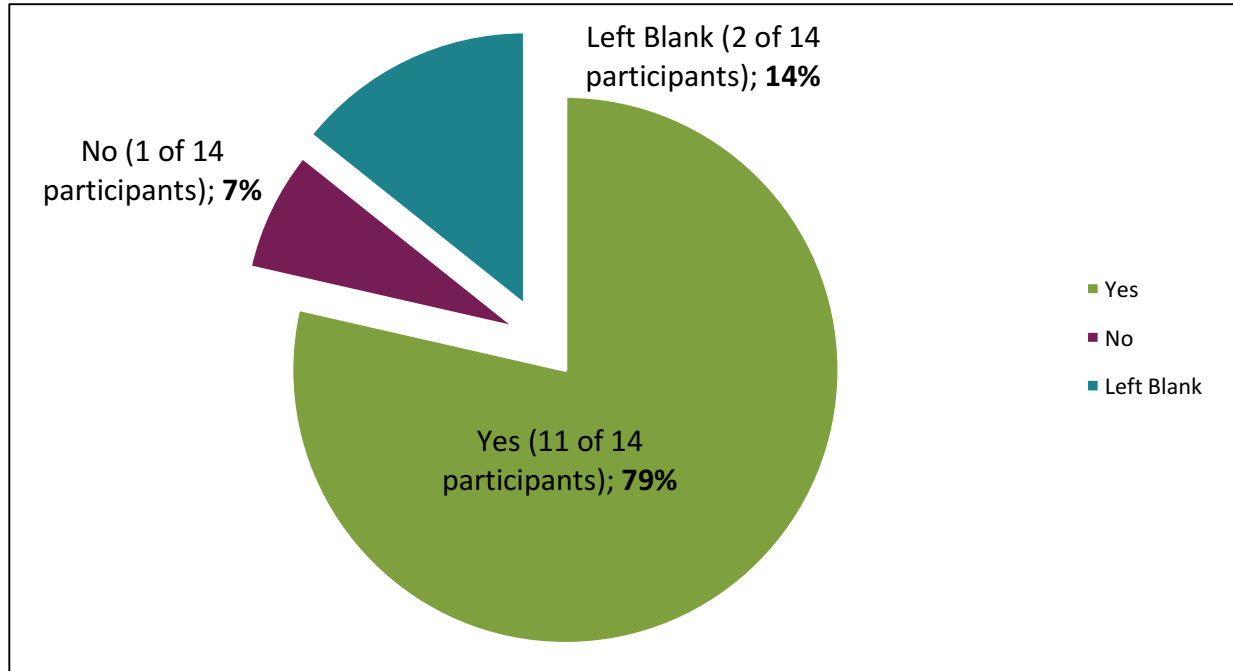
3. Do you feel better prepared to describe to those who are trauma bonded the basics of the science behind the symptoms to allow for further intervention after attending today's breakout speech?



4. Do you feel better prepared to identify and help connect those who are trauma bonded with additional resources for healing after attending this breakout speech?



5. Did you learn something today that you weren't aware of before?



5b. If yes, what? Comments included:

“All of the aspects of trauma bonding, ways to recognize and help move forward as an agency and professional”

“I gained a greater understanding of how to interact with those who come in and how to describe what they're going through in a different light”

“What works vs. what doesn't work for intervention tactics of those who have experienced trauma”

“I learned that I had symptoms of trauma bonding. I understand why I acted the way I did in my past relationships — Thank you!”

“The science behind trauma bonding. It's incredibly interesting what the mind does when it kicks into survival mode”

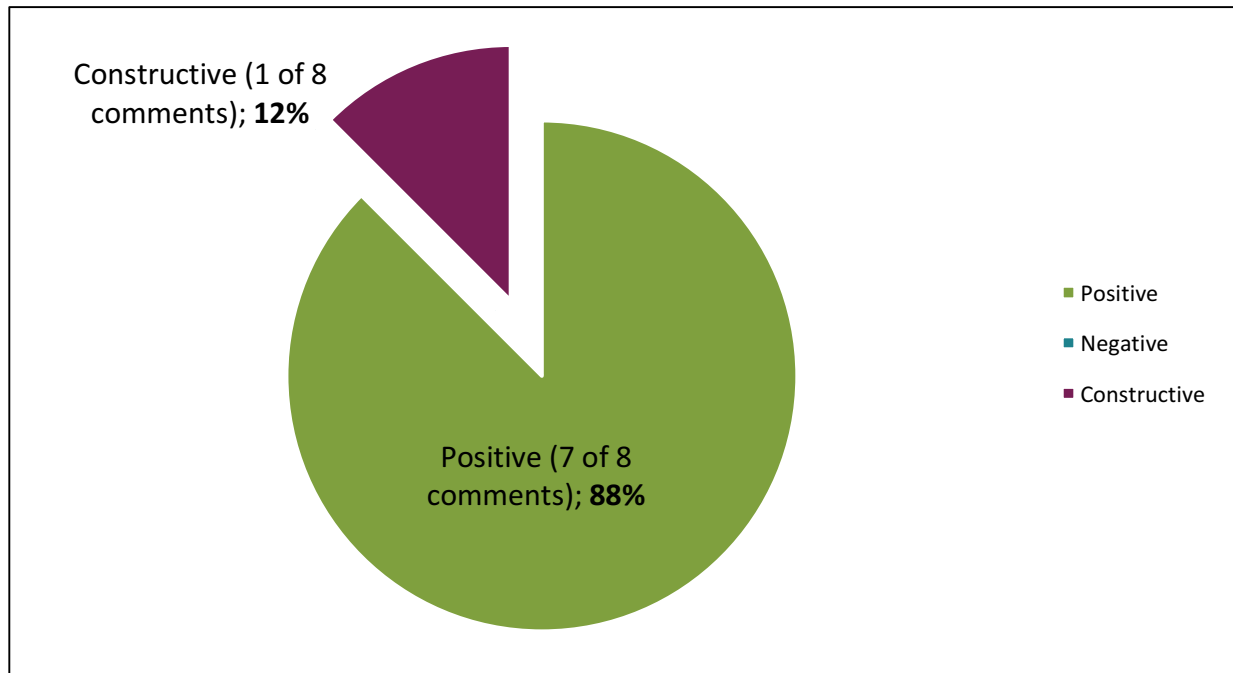
“The term 'love-bomb'”

“All of the science behind the reactions and emotions and how to begin breaking people out of their constant fight or flight responses”

“How to discuss the science and research aspect of what the brain and body are going through, also, that the body and brain are not always connected and will need to rediscover each other to heal on multiple levels”

“I have the knowledge that I need to further investigate trauma bonding. I am looking forward to doing more research”

6. Types of additional comments. Examples below:



Positive comments included:

“Awesome, informative, and encouraging!”

“I gained a wonderful perspective on what those who experience abuse go through. I better understand how to help them. Thank you!”

“[Healing TREE Founder + CEO] Marissa was absolutely wonderful throughout her presentation. Her story drives home the fact that abuse can and does happen to anyone — and that people can heal and move forward from trauma. On the front lines of this work, it’s a great reminder that what we do does have a purpose and does give hope”

“This entire presentation was a confirmation of everything I’ve felt as a helping professional. I enjoyed learning more about the science behind the trauma, love bombing, types of trauma bonding. Everything was great.”

“Great info provided and very enthusiastic and effective speaker with great personal story and experience which helps with understanding and empathy. I feel like I want to share this training with everyone I know — this is so important”

“This approach will help a lot with the clients that we see”

“Thank you, it was a very informative, encouraging, and eye-opening presentation”

“Engaging speech and informative, would like the PowerPoint as the speech is going on to take notes and questions”

7. Would you like to join Healing TREE’s Mailing List?

12 Joined the Mailing List